

VALLEJO FAMILY RESOURCE GUIDE



Vol. 2, February 2023



Photo: Ty McClarty

Robbin Mackbee Firefighter/EMS Youth Academy class of 2022



"Accepting the challenge, ready to serve our community"



Sparky loves children, children love Sparky



Interactive learning and engagement



Cadet teaching "Stop, Drop, and Roll"



Teaching fire prevention and safety



About this Resource Guide

This Vallejo Family Resource Guide is a collaborative, on-going project between Support For Actively Rising Youth (SFARY), The Ever Wonder, and the City of Vallejo. Our team recognized the need for youth and families to have accurate, comprehensive information about what resources, activities, and programs are available in our Vallejo community. This list will be updated regularly, and new editions will be available for Winter/Spring and Summer/Fall.

Vol. 2, February 2023

Arts/Music

Consumer Music

Offers both private and group music lessons to students.

- 1017 Tennessee St., Vallejo, CA 94590
- www.consumermusic.net
- 707-642-7368

On the Fringe Visual and Performing Arts Group

Provides youth visual arts and drama classes, camps, and workshops. Their mission is to bring culturally diverse, female-driven theatre and arts education to children and adults in Solano County.

- 417 Glenn St., Vallejo, CA 94590
- www.onthefringevapa.org
- artteacherstats@gmail.com

MIRA Theatre Guild

Offers community theater opportunities and youth classes in visual and performing arts. The Bay Terrace Theater offers spaces for rent.

- 51 Daniels Ave., Vallejo, CA 94590
- www.miratheatreguild.org
- info@miratheatreguild.org
- 707-552-0400

Civic Information

Congressman Mike Thompson, California's 4th Congressional District • 707-226-9898

Mayor Robert H. McConnell

Robert.McConnell@cityofvallejo.net • 707-648-4377

Vice Mayor Rozzana Verder-Aliga, EDD, District 1

Rozzana.Verder-Aliga@cityofvallejo.net • 707-648-4134

Council Member Diosdado "JR" Matulac, District 2

JR.Matulac@cityofvallejo.net • 707-648-4132

Council Member Mina Loera-Diaz, District 3

Mina.Diaz@cityofvallejo.net • 707-649-7716

Council Member Charles Palmares, District 4

Charles.Palmares@cityofvallejo.net • 707-648-4133

Council Member Peter Bregenzer, District 5

Peter.Bregenzer@cityofvallejo.net • 707-648-4131

Council Member Cristina Arriola, District 6

Tina.Arriola@cityofvallejo.net • 707-649-7711

Solano County Supervisor Erin Hannigan, District 1

Ehannigan@solanocounty.com • 707-784-6662

VCUSD Superintendent William Spalding

Supt@vcusd.org • 707-556-8921

City of Vallejo

Offers information on City Council, boards and commissions, volunteer opportunities, permits, and services through departments such as water, housing, public works, economic development and more.

- 555 Santa Clara St. Vallejo, CA 94590
- www.cityofvallejo.net

Community Resources/Basic Needs

AARP Foundation Tax-Aide

Provides free tax preparation in different ways - in-person, low-contact, or contact-free. You can also choose to prepare your tax return yourself, with a coach from one of their IRS-certified tax counselors

- www.local.aarp.org

A Place 2 Live, Inc.

Serving as a housing placement agency for low-moderate income families. Life skills, financial literacy and housing counseling services offered.

- 301 Georgia St., Suite 215, Vallejo, CA 94590
- www.ap2l.org
- 707-553-7368

Angels With Heart

Offers several community services from trash pick-up to free laundry day, as well as help beyond their listed services and resources.

- www.angelswithheart.com
- angelswithhearts@yahoo.com
- 707-653-6045

Another Chapter Solano

Promotes literacy by providing books to individuals and families in need, scholarships to students in need, and supply books for several community based settings.

- www.anotherchapter.org
- anotherchaptersolano@gmail.com

Arc - Solano

Offers support services for families and their loved ones who live with physical and mental disabilities.

- 3272 Sonoma Blvd., Suite 4, Vallejo, CA 94590
- www.thearcsolano.org
- 707-552-2935

Boys and Girls Empowerment Group

Offers youth the chance to learn and experience community service, college and career readiness, as well as social skills.

- P.O. Box 5544, Vallejo, CA 94591
- 707-655-2543

Broken By Violence

Offers services to those impacted by violence such as assistance with compensation applications, referrals to mental health services, support groups mentoring, and much more.

- P.O. Box 359, Fairfield, CA 94534
- www.brokenbyviolence.com
- brokenbyviolence2017@gmail.com
- 510-987-6491

Catholic Charities Yolo-Solano

Helps individuals and families of all faiths and beliefs with food access, housing assistance, counseling, and immigration legal services to help create a healthy, stable environment in which everyone can thrive.

- 125 Corporate Place, Suite A, Vallejo, CA 94590
- www.ccyoso.org
- 707-644-8909

D.O.V.E (Developing Organizing Visions for Everyone)

Provides re-entry and crime prevention programs designed for system impacted individuals.

- 2635 Napa St. Box #1174, Vallejo, CA 94590
- www.dovebayarea.org ,admin@dovebayarea.org
- 510-408-7601

Faith Food Fridays

Offers a box of fresh and non-perishable food items to all that come. There are no qualifications or requirements to receive a box.

- 826 Solano Ave., Vallejo, CA 94590
- www.faithfoodfridays.com
- info@faithfoodfridays.com
- 707-557-7933

Fighting Back Partnership

Provides resources and referrals, basic needs assistance, homeless assistance, mentoring, parenting support and education.

- 505 Santa Clara St. 3rd Floor, Vallejo, CA 94590
- www.fight-back.org
- dhoffman@fight-back.org
- 707-648-5230

First Place For Youth (Solano)

Delivers housing, employment, education and case-management support through the My First Place program and also offers the sscounty's Independent Living Skills Program for youth ages 16-22. 1545 North Texas St., Suite 100, Fairfield, CA 94533

- www.firstplaceforyouth.org
- info@firstplaceforyouth.org
- 707-430-4360

Florence Douglas Senior Center

Promotes programs, services, and activities for the charitable, educational, social, and recreational needs of people over 50.

- 333 Amador St., Vallejo, CA 94590
- www.fdcvallejo.org
- peter.wilson@fdcvallejo.org
- 707-643-1044

Food Is Free Solano

Connects local neighborhoods in Solano County and surrounding area with easy to-access free food from their many food stands.

- 900 Fairgrounds Dr., Vallejo, CA 94589
- www.fifbayarea.org
- foodisfreesolano@gmail.com
- 707-690-0945

Friendship Missionary Baptist Church

Provides a food pantry for Vallejo residents every 4th Saturday of each month from 9:30 AM - 12:30 PM except Nov. and Dec. when the distribution is the 3rd Saturday of the month.

- 1905 Florida St., Vallejo, CA 94590
- <https://befmbc.org/>
- info@befmbc.org
- 707-648-2005

Healthy Vallejo Community Support Services

Offers outreach, clean up and repairs, and gainful employment for young adults who want to save our environment.

- 1680 Fairgrounds Dr., Vallejo, CA 94589
- www.healthyvallejo.org
- asummer@healthyvallejo.org
- 707-342-2592

Resources Connect Solano

Offers essential service referrals to people experiencing a housing crisis or in need of resources. Services include: service referrals, connection to mainstream benefits, referrals to housing options, and vulnerability assessments.

- www.resourceconnectsolano.org
- CS@caminar.org
- 707-652-7311

Rotary Club of Vallejo

Meeting community needs, whether it be to promote literacy, help the elderly or disabled, combat violence, or provide opportunities for local youth, such as scholarships for graduating high school seniors.

- P.O. Box 4026, Vallejo, CA 94590
- www.vallejorotary.org

Safe Routes to School Solano County

Brings together city planners, traffic engineers, law enforcement, educators, and parents to encourage walking and biking to school to promote safe, less congested routes.

- www.solanosr2s.ca.gov
- 707-399-3222

Solano County Transit (Soltrans)

Provides local and Solano Express fixed routes, complementary paratransit, and subsidized Lyft programs.

- www.soltrans.org
- 707-648-4666

Solano/Napa Firefighter's Foundation

Firefighters that work to support our community members in their of greatest need, during and after tragic events, and our charity enables us to support that mission.

- www.solanoapaff.com

Sustainable Solano

Offers nurturing initiatives for the good of the whole that promotes ecologically sustainable, economically and socially just communities. Programs promote sustainable landscaping, building a local food movement, driving new conversations about the world we live in and bringing together neighbors to create a more resilient way of living.

- P.O. Box 1215, Benicia, CA 94510
- www.sustainablesolano.org
- info@sustainablesolano.org

Vallejo First 5 Project

An innovative hub created to engage families and allow children ages 0-5 to play, learn, and grow. A safe and welcoming environment where they can receive information and support to meet family needs.

- 3375 Sonoma Blvd., Vallejo, CA 94590
- vallejofirst5center@gmail.com
- 707-784-1240

Vallejo Together

Providing innovative basic needs programs and services and building sustainable partnerships, coalitions, and networks to plan and carry out equitable and systemic solutions for individuals and families in Vallejo without homes or experiencing a housing-related crisis.

- P.O. Box 6273, Vallejo, CA 94591
- www.vallejotogether.org
- admin@vallejotogether.org
- 707-655-7935

Voices Solano

Offers Housing Support, Health and Wellness Services, and Employment and Education Services.

- 646 Tennessee St., Vallejo, CA 94590
- www.voicesyouthcenter.org
- maricruz@voicesyouthcenter.org
- 707-917-5904

Watch Me Grow, Inc.

Offers quality childcare while engaging low-income parents/guardians in early childhood education and advocacy. Offer LEAP, a program that builds leaders, entrepreneurs, advocates, and parents. Offers a Financial Literacy program, in which parents and youth develop knowledge about financial literacy.

- www.watchmegrowinc.com
- jameelah@watchmegrowinc.com
- 510-394-7200

Women Infant Children (WIC) Clinic

Provides assistance supplemental food to low income women who are pregnant or with children under 5. Not an emergency food program. Vouchers for milk, formula, cheese, cereal and juice to low income.

- 365 Tuolumne St., Vallejo, CA 94590
- 707-553-5381

Education/Youth Development

Child Start, Incorporated

Child Start is committed to the development of the whole child—educationally, socially, and emotionally—through Head Start/Early Head Start programs and in collaboration with community programs and services that benefit low-income families.

- **Main Administrative Office:** 439 Devlin Rd, Napa, CA 94558
- **Vallejo Locations:**

Virginia 1 & 2 Head Start

1328 Virginia St., Vallejo, CA 94590

Sereno Village & Sereno Early Head Start

750 Sereno Dr., Vallejo, CA 94589

Couch Street Head Start

579 Couch St., Vallejo, CA 94590

Setterquist Head Start

300 Stanford Dr., Vallejo, CA 94589

Washington Park Head Start

900 Ohio St., Vallejo, CA 94590

- www.childstartinc.org
- 707-252-8931 or 866-573-4274

Club Stride Inc.

Teaches youth to be tomorrow's leaders and be responsible in the community through utilizing civic media and technology to inspire young expression, discussion and informed action for social change.

- 1000 Azuar Drive, Vallejo, CA 94592
- www.clubstride.org
- info@clubstride.org
- 707-731-2726

First Chance Vallejo

Offers free services to help the youth and that include tutoring, phonics, and reading.

- www.firstchancevallejo.com
- info@firstchancevallejo.com
- 707-652-9925

Girls On The Run North Bay

Offers critical life skills and helps strengthen confidence through interactive lessons and physical activities.

Sites include Dan Mini Pennycook Glen Cove and Cave Elementary School.

- 3299 Claremont Way, Napa, CA 94558
- www.gotrorthbay.org
- Janet@gotrorthbay.org
- 707-637-8909

Immersive Learning Center

Offers a Science, Technology, Engineering, Art, and Math focused community education center that offers both academic support and enrichment to K-12 students.

- 250 Georgia St. Vallejo, CA 94590
- www.ilcnet.org
- Immersivelearningctr@gmail.com
- 707-655-0062

Improve Your Tomorrow (IYT)

Combatting academic inequities and build a college-to-community pipeline with remarkable resilience, authenticity, and passion to increase the number of young men of color to attend and graduate from college and universities. Programming is currently at Hogan Middle School and Jesse Bethel High School.

- 3780 Rosin Ct. Suite 240, Sacramento, CA 95834
- www.improveyourtomorrow.org
- iyt@improveyourtomorrow.org
- 916-299-3432

Lady Echelon Project, Inc.

Offers workshops for youth ages 8-24 years old. The workshops are designed to develop young, at-risk youth into successful individuals that are academic achievers, socially graceful, and fully active participants in their communities.

- 236 Georgia St. Suite 102, Vallejo, CA 94590
- www.ladyechelon.com
- 510-712-3488

Leadership Vallejo

Offers, educates and trains future leaders. Selected participants meet once every month for nine months. Each session is a day-long program packed with information, education, and training. Participants undertake personal study and work with other participants in small teams that focus on a community project of design. There is a Future Youth Leadership Vallejo program available.

- www.leadershipvallejo.org
- lisakgannon@hotmail.com
- 707-738-6964

Leaven Kids

Provides educational centers with tutors and mentors right where kids-in-need grades K-5 live.

- www.leavenkids.org
- hello@leavenkids.org
- 855-622-5439

Omega Gents

An Omega Psi Phi Fraternity youth program designed to teach and encourage young African-American men in middle and high school to positively define, plan, pursue and achieve their goals. The program may include educational workshops and outings, an Academic Enrichment Symposium, local college campus visits and tours, community service projects, career visibility/development outings, and social and recreational outings.

- www.omegagents.org
- omegayouth15@gmail.com
- 707-639-7789

Solano Community College - Vallejo Campus

Provides on-site classes, services, and access for students in their community. The center offers Fall, Spring, and Summer classes, admissions and registration assistance, academic counseling, financial aid intake, tutoring, library, and other student support services.

- 545 Columbus Parkway, Vallejo, CA 94591
- www.solano.edu
- 707-642-8122

Solano County Libraries (Vallejo Branches)

Offers access to literature and a variety of classes, performances and activities. Resources include Chromebook loans, hotspots, musical instrument loans and much more.

Vallejo First 5 Book Branch:

3375 Sonoma Blvd. #10, Vallejo, CA 94590

Vallejo John F Kennedy:

505 Santa Clara St., Vallejo, CA 94590

Vallejo Springstowne Library:

1003 Oakwood Ave., Vallejo, CA 94591

- www.solanolibrary.com
- 866-572-7587

Solano County Office of Education

Preparing students to learn, grow, thrive, and achieve lifelong success. Promoting equity and excellence by working with our school districts and community partners to create opportunities that address the needs of every student.

- www.solanocoe.net
- 707-339-4400

Soroptimist International of Vallejo

A global volunteer organization that provides women and girls with scholarship opportunities and access to the education and training they need to achieve economic empowerment.

- P.O. Box 4262, Vallejo, CA 94590
- www.sivallejo.org
- information@sivallejo.org or siovjo@hotmail.com

Support For Actively Rising Youth (SFARY)

Robbin Mackbee Firefighter/EMS Youth Academy

Providing resources and opportunities for Vallejo youth who are interested in public safety careers as a firefighter, emergency medical technician (EMT) or paramedic. Featuring youth programs that are designed to focus on academic achievement, community service, and self-discipline.

- 703 Curtola Pkwy., Vallejo, CA 94592
- www.firefighteryouthacademy.org

The Willie B. Adkins Scholars Program

Offers their college preparatory program, ensuring that students are leaving their program with the right tools and a good understanding of what's expected of them beyond high school.

- 665 Walnut Ave. Vallejo, CA 94592
- www.williebadkins.com
- adkinsvjo@gmail.com
- 707-556-8921

Vallejo Community Access Television (VCAT)

Provides public access television to Vallejo residents to increase community awareness and pride, enhance educational opportunities

and showcase talent. They also provide access to facilities, equipment and training to enable you to produce your own content.

- P.O. Box 6333, Vallejo, CA 94591
- Office: Jesse Bethel High School 1800 Ascot Parkway, Vallejo, CA 94591 (*Due to the COVID 19 Pandemic, office hours are by appointment only.*)
- www.vcat.tv
- 707-642-8228

Vallejo Education and Business Alliance (VEBA)

Brings together community leaders from education, business, and public policy sectors to enhance communication and collaboration benefiting Vallejo residents, expanding educational opportunities like scholarships, fostering a family-friendly community, and promoting a healthy business climate throughout Solano County.

- www.vebavallejo.org
- contact@vebavallejo.org

Vallejo Project

Service center offering multi-generational enrichment and development opportunities in the trades, arts, wellness, and culture.

- 1055 Azuar Dr., Vallejo, CA 94592
- www.vallejoproject.org
- 707-534-8189

Vallejo City Unified School District (VCUSD)

Meeting and exceeding goals in the area of equity, excellence, educational effectiveness and economic sustainability.

- www.vcusd.org

Health/Wellness

Caminar (Solano)

Provides education, behavioral health care, and support through prevention, treatment, and recovery services for those with complex mental health, substance use, and co-occurring needs.

- 902 Tuolumne St., Vallejo, CA 94590
- www.caminar.org
- info@caminar.org
- 707-648-8121

FilipinX Mental Health Initiative - Solano/Napa

Empowers the Filipinx community by providing early intervention through education and access to resources leading to a resilient community.

- fmhisolano@gmail.com

National Center for Missing Children

Serves to families and law-enforcement agencies calling to report a missing child, seek assistance in their search. People reporting the sight of a missing child. People reporting child-sexual exploitation.

- www.missingkids.com
- 800-843-5678

SAMHSA's National Helpline

A free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

- www.samhsa.gov/find-help/national-helpline
- 1-800-662-HELP (4357)

Solano County Public Health

Prevents the spread of diseases, promotes health and protects the public from health problems and hazards. Our staff provides services such as conducting public health nurse home visits for moms and babies, providing medical care in our clinics, investigating disease outbreaks, advancing local ordinances to protect residents' health, and preparing for public health emergencies.

- 227 Beck Ave., Fairfield, CA 94533
- www.solanocounty.com/depts/ph
- 707-784-8600

Vibe Solano Program

Offers residents the chance to be informed, involved, and to take action in their community. Services include health and wellness programs, public health coalitions, and a variety of classes.

- www.vibesolano.com
- info@vibesolano.com

Sports/Recreation

Coach Sarna League

Offers youth flag football team opportunities. A STEM League is offered where youth create, learn and compete using Legos. Scholarships are available if needed.

- www.thecoachsarnaleague.org
- thecoachsarnaleague@gmail.com
- 707-854-8754

Greater Vallejo Recreation District (GVRD)

Offers a wide variety of recreational sports, activities, and classes such as swimming, holiday events, art, athletics, and much more.

- 395 Amador St., Vallejo, CA 94590 (mailing address)
- www.gvrd.org
- 707-648-4600

NBAA (North Bay Athletic Association) Gymnastics

Offers exciting gymnastics classes for all ages groups from instructional to private classes.

- 415 Mississippi St., Vallejo, CA 94590
- www.northbayathletics.com
- info@northbayathletics.com
- 707-643-9622

PAL Boxing Gym

Boxing Gym serving the youth and the community one round at a time.

917 Marin St., Vallejo, CA 94590
707-980-9179

Quetzalli Ballet Folklorico Vallejo

Offers the chance to learn dances from different regions in Mexico.

- quetzallisolano@gmail.com
- 707-712-6132

School of Chinese Martial Arts

Offers classes in Hei Long Shou Shu Kung Fu, offers women's self-defense classes and free introductory lessons.

- 340 Georgia St., Vallejo, CA 94590
- www.shoushuvallejo.com
- shifumitchell@yahoo.com
- 707-712-3223

Soaring Eagles Tae Kwon Do

Providing quality martial arts instruction and training, and to assist in the positive development of ever student in three key areas: physical, mental, and spiritual.

- 1516 Solano Ave., Vallejo, CA 94590
- www.soaringeaglestkd.com
- soaringeaglestkd@sbcglobal.net
- 707-552-9710

Vallejo Little League

Offers both a softball and baseball program for local youth.

- 505 Amador St, Vallejo, CA 94590
- www.vallejolittleleaguebaseball.org
- 707-648-0558

William Kims Tae Kwon Do

Offers programs in Kid's Martial Arts, Adult Martial Arts, Birthday Parties, and Summer Camp.

- 2525 Springs Rd., Vallejo, CA 94591
- www.williamkimstkd.com
- wmktd@gmail.com
- 707-556-8181

This **Vallejo Family Resource Guide** was inspired, in part, by the cadets of the Robbin Mackbee Firefighter/EMS Youth Academy's "Elementary School Fire Prevention and Safety Program", featuring "Sparky the Fire Dog". The members of the academy focus on academic achievement, community service and self-discipline. This guide is one example of the community service activities that our student/cadets of Vallejo and Jesse Bethel High School have inspired. The mission of the "Elementary School Fire Prevention and Safety Program", featuring "Sparky the Fire Dog" is an effort by youth to teach children in Vallejo how to be safe. Each child will be given this guide to take home. We could not provide this important public safety education, information and training without the assistance and support of the Vallejo City Unified School District, the Vallejo Fire Department, Medic Ambulance Co., the Ever Wonder, and the City of Vallejo Participatory Budgeting Program.

Support For Actively Rising Youth is the 501c3 nonprofit organization that operates the Robbin Mackbee Firefighter/EMS Youth Academy. We are currently looking for 8th, 9th or 10th grade students who might be interested in exploring a career as a firefighter, emergency medical technician (EMT) or paramedic. Learn more and apply to the Firefighter/EMS Youth Academy by visiting our website at:

www.FirefighterYouthAcademy.org

Emergency Services

EMS (Emergency Medical Services)

Provides emergency medical care.

- 355 Tuolumne St. MS20-240 Vallejo, CA 94590
- www.solanocounty.com/depts/ems
- SolanoHeart@Solanocounty.com
- **707-784-8155**

Medic Ambulance

Offers an array of services from Emergency Medical Technician (EMT) Basic Life Support (BLS) level of care, to Paramedic/ALS care, as well as emergency or non-emergency transportation.

- 506 Couch St. Vallejo, CA 94590
- www.medicambulance.net
- jpierson@medicambulance.net
- **707-644-1761**

National Runaway Safeline

Helps support runaway youths, families in crisis, and people

- www.1800runaway.org
- **1-800-786-2929**

National Suicide Prevention Lifeline

- www.988lifeline.org
- **Dial 988**

Solano Crisis Hotline

- **707-428-1131**

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is a collaborative, on-going project between
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The Ever Wonder, and the City of Vallejo.



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ever Wonder



City of
VALLEJO
California

This list is for informational purposes only and is not meant as an endorsement of any kind. Please inquire with the organizations directly for assistance or services. If you would like your organization to be added to this list or have a correction, please send an email to info@suitetreatments.com

